








Safety Confirmation

In time of large-scale disasters, it is often difficult to make phone calls to the affected areas. In such cases, Disaster Emergency Message Dial and Disaster Message Board are available to confirm the safety. You can practice using either of the services on designated days, so please take your time to try.

 <p>Disaster Emergency Message Dial Tel. 171</p>	 <p>web171 Disaster Message Board https://www.web171.jp/</p> 
 <p>NTT docomo Disaster Message Board http://dengon.docomo.ne.jp/top.cgi</p> 	 <p>a u Disaster Message Board http://dengon.ezweb.ne.jp/</p> 
 <p>Softbank Disaster Message Board http://dengon.softbank.ne.jp/</p> 	 <p>Y! mobile Disaster Message Board http://dengon.ymobile.jp/info/</p> 

Disaster Prevention Notebook of All

Being distributed to all households in October, 2014, “Disaster Prevention Notebook of All” compiles helpful information to perform prior preparation for disasters. To be prepared, please discuss with your family and make the best use of it.

Discuss with your family and write down important information

In the introductory section, you can write down your family's information. Discuss with your family on the suggested items, and write down important information that has to be kept in mind in time of disasters.



Bring your notebook to the local meetings

When participating in local disaster meetings etc., bring your “Disaster Prevention Notebook of All” and write down local information on disaster prevention and disaster risk in the memorandum field.



Pass Down the Story and Act

「Do not build any homes below this point.」

This clause is a part of writing on a stone monument, shown in the right picture, entitled “Mega Tsunami Memorial” in Omoeaneyoshi district. Since a number of residents were killed by Meiji Sanriku Earthquake Tsunami and Showa Sanriku Earthquake Tsunami in this district, the survived people erected this stone at tsunami reaching point. Like these predecessors, we must pass down our dreadful suffering experience and learned lessons to the next generations, and build resilient cities and communities. It is crucial for all of us that we continue working to be able to act for disaster prevention.

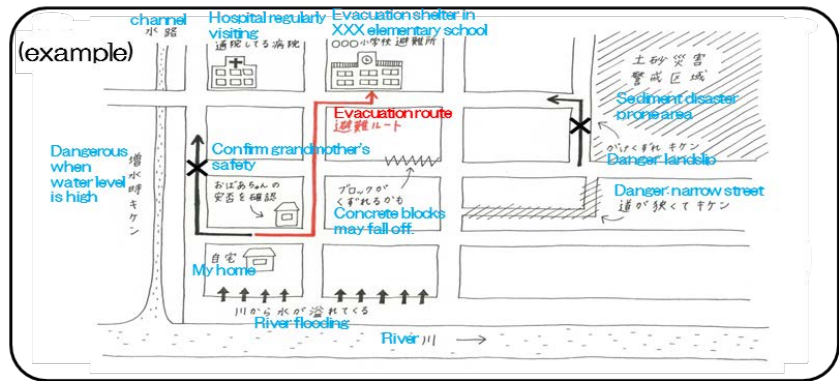


Mega Tsunami Memorial (Omoeaneyoshi district)

Stone monuments and remains of tsunami disasters that are scattered across the City are planned to be exhibited in the disaster prevention exhibition space in City Activity Center after October, 2018 (expected).

Let's create Family's Disaster Prevention Map !

Take a walk around your home to confirm the location of dangerous areas, evacuation areas, and evacuation shelters, as well as the routes. You should confirm multiple evacuation routes for some routes might be unavailable. By compiling those information with illustrations etc., create " my family's disaster prevention map " .



family's disaster management map

<You should write the information such as...>

- meeting place with your family
- evacuation area and evacuation shelter
- evacuation routes
- places where may be at risk

Emergency Items

Prepare an emergency bag beforehand to be prepared for emergency. You should keep emergency stockpile items to live without relying anyone for around 3 days.

Discuss with your family on meeting point and contact information and create an emergency contact card etc.



Emergency food and water

emergency food
water



tools



portable radio

mobile phone

flashlight
(batteries)



candles,
lighter, match

tissue paper

knife, can opener

rope

work gloves

plastic bags



clothes

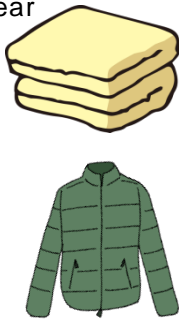
underwear

towel

blanket

gloves

winter clothing



Valuables

ID card such as driver's license or health insurance card

Cash (coins)

bankbook

emergency contact information

Safety goods and first aid goods

protective hood
sanitary napkins
medicine

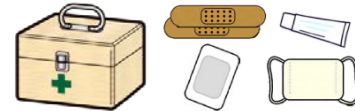


first aid goods (should be kept in a container etc.)

disinfectant
ointment
compress

digestive
eye-drop
masks

medicine
bandage
gauze
etc.



Major Contacts in Disasters

City Government, General Office, and Branch Office

【area code 0193】

Miyako City Government	62-2111
Taro General Office	87-2111
Niisato General Office	72-2111
Kawai General Office	76-2111
Sakiyama Branch Office	62-6036
Tsugaruishi Branch Office	67-2111
Omoe Branch Office	68-2111
Hanawa Branch Office	69-2111
Oguni Branch Office	78-2111
Kadoma Branch Office	77-2111
Kawauchi Branch Office	75-2111

Police Stations, Fire Stations, Emergency Services, Hospitals, and Utilities

【area code 0193】

Miyako Police Station	64-0110	Prefectural Miyako Hospital	62-4011
Miyako Fire Station	62-5533	Sanriku Hospital	62-7021
(Taro Branch)	87-2545	Miyako First Hospital	62-3737
(Niisato Branch)	72-2011	Yamaguchi Hospital	62-3945
(Kawai Branch)	76-2110	Miyako City Dept. of Water and Wastewater Service	63-1115
		NTT East(contact for repairs)	113
		Tohoku-Electric Power Co. (contact in case of power outage)	0120-175-366

