

List of Trail town MIYAKO Partner Shops and Facilities

Updated on Jun. 11.2026

No	Type of Business	Name	Address	TEL	Business Hour	Closed Day	Water	Toilet	Rest Area	Charging for Electrical Appliances	Wi-Fi	Route Information	Beth/ Shower	Other Service Details and Additional Information	
1	Lodging Facilities	Greenpia Sanriku Miyako	148 Mukaishinden, Taro, Miyako, Iwate	0193-87-5111	IN 15:00~ OUT 10:00	-	○	○	○	○		○		*Sale of goods *Washing machines are available for guests only	
2		Nagisatei Taro-An	164-1 Aozari, Taro, Miyako, Iwate	0193-87-2002	IN 15:00~ OUT 11:00	Irregular	○	○	○	○		○		We may be able to accommodate other requests, so please ask our staff.	
3		Kyukamura Rikuchu-Miyako	18-25-3 Sakikuwagasaki, Miyako, Iwate	0193-62-9911	IN 15:00~ OUT 10:00	May close for maintenance (5 times a year)		○	○	○	○		○		*Sale of goods
4		The Park Hotel Jodogahama	32-4 Hitachihamacho, Miyako, Iwate	0193-62-2321	IN 15:00~ OUT 10:00	-		○	○	○	○	○	○		*Sale of goods *Outdoor water faucet (to remove mud from shoes) *English speaking staff
5		HOTEL ART CITY	1-5 Kuwagasaki Kamimachi, Miyako, Iwate	0193-65-1511	IN 15:00~ ~21:00 OUT 10:00	Irregular		○		○					Please inquire in advance as the facility may be closed due to reservation status
6		Miyako Central Hotel Kumayasu	2-5 Aramachi, Miyako, Iwate	0193-64-2121	IN 15:00~ OUT 10:00	12/30~1/3		○		○					
7		Miyako Hotel Sawadaya	4-1 Aramachi, Miyako, Iwate	0193-62-7711	IN 16:00~ OUT 10:00	-		○	○						*Transportation service for guests only (upon request)
8		Guest House 3710 (Minato)	4-6 Suehirocho, Miyako, Iwate	0193-77-3710	IN 16:00~ OUT 10:00	Sun. (subject to change without notice)		○	○	○	○		○		
9		Hotel Big Wave	3-5-20 Odori, Miyako, Iwate	0193-63-5533	IN 15:00~ OUT 10:00	-		○	○	○	○	○			
10		Hotel Miyako Hills Station	5-1 Wamicho, Miyako, Iwate	0193-63-2001	IN 15:00~ OUT 10:00	New year holidays		○	○						
11		Mikawa Ryokan	10-14 Sokei Ishizaki, Miyako, Iwate	0193-62-7871	IN 15:00~ OUT 10:00	8/13~8/16 year-end and new year holidays			○	○					*Coin-operated laundromat ※Please inquire in advance as the facility may be closed due to reservation status
12		Hotel Route-Inn Miyako	15-38 Fujinokawa, Miyako, Iwate	050-5847-7500	IN 15:00~ OUT 10:00	-			○						
13		Minshuku Otobeso	10-13-3 Otobe, Miyako, Iwate	0193-68-2347	Upon request※			○	○		○		○		※Please inquire in advance if you wish to stay overnight
14		Umi no Miyako	1-27-2 Omoe, Miyako, Iwate	0193-77-5952	IN 15:00~ ~21:00 OUT 11:00			○	○						*Outdoor water faucet *Discounted lodging rate for hikers
15	Shops	Liquor Store Hayashimoto	33 Kobayashi, Taro, Miyako, Iwate	0193-87-3801	7:10~19:00	Thu.	○	○	○	○		○		*Sale of goods	
16		Supermarket Tamakiya	1-41 Motomachi, Miyako, Iwate	0193-63-2711	10:00-19:30	Sun. (once a month)			○	○					
17		Shiga Sports	3-20 Minamimachi, Miyako, Iwate	0193-62-3498	10:00-19:00	Thu.		○		○			○		*Sale of goods
18		EFRICA	8-20 Hokuda, Miyako, Iwate	050-3635-2070	Inquire by phone	Irregular		○		○					*Provision of a place to stay overnight (for free)
19		Roadside Station Taro "Toretaro"	2-5-1 Taro, Miyako, Iwate	0193-87-3988	9:00-17:00	12/31-1/3			note	note		note			Sale of marine products, fresh fish, fresh vegetables, fruit, confectioneries, wakame seaweed dumplings, grilled salmon skewers, rice balls, and pickled vegetables
20		Fast food stand (located on the premises of Roadside Station Taro)	2-5-1 Taro, Miyako, Iwate	0193-65-8833	10:00-17:00	Mon., year-end and new year holidays			note	note		note			Meal service: buckwheat noodles, "Udon" noodles, omelets, coffee, French fries, and soft serve ice cream (Apr.-Nov.)
21		New Yamazaki Daily Store (Roadside Station Taro Store)	2-5-1 Taro, Miyako, Iwate	0193-87-2012	7:00-20:00	Jan. 1			note	note		note			Sale of bread, "Bento" (box lunch), cream puffs, cigarettes, Iwate's local sake, and hot coffee
22		Yamacho Shoten (located on the premises of Roadside Station Taro)	2-5-1 Taro, Miyako, Iwate	0193-87-2633	9:00-18:30	1/1~1/3 Irregular			note	note		note			Sale of seafood, fresh vegetables, meat, and fruit
23		Matsubaya Rice Cake Shop (located on the premises of Roadside Station Taro)	2-5-1 Taro, Miyako, Iwate	0193-87-2151	9:00-18:00	Tue., year-end and new year holidays			note	note		note			Sale of "Obanyaki" (Japanese pancakes) (Nov.-Golden Week holidays, from 2 p.m.), "Daifuku" (rice cake stuffed with sweet filling), sweet dumplings on a skewer, "Suttogi" (bean-based traditional cake), and doughnuts filled with bean paste
24		Roadside Station Miyako	1-20 Rinko-dori, Miyako, Iwate	0193-71-3100	9:00-17:00	Jan. 1		○	○	○		○			
25		PENCO café & MARKET	1-1-29 Odori, Miyako, Iwate	0193-65-8822	10:00-19:00	Mon., 2nd & 4th Tue.									*Sale of vegetable and fruit (tell the store staff that you are a hiker)
26		Marutoku	2-4-16 Fujiwara, Miyako, Iwate	0193-62-6646		Wed. & Sun.		○	○	○	○	○			*Outdoor water faucet (to remove mud from shoes)
27		Kariya Shoten	2-3-30 Sokei, Miyako, Iwate	0193-62-2967	9:00-20:00	Sun., new year holidays and Obon holidays		○	○						
28		Miyako Omoe Fishery Activity and Exchange Center Enyadotto	7-33-5 Omoe, Miyako, Iwate	0193-68-2301 (Omoe Fisheries Cooperative)	9:00-16:30	Tue., year-end and new year holidays		○	○						
29		Café Suika	65-2 Nohara, Taro, Miyako, Iwate	080-2820-8811	11:30-17:00	Sun. & Mon. (may close during the winter)		○	○	○※	○	○			*English speaking staff ※Rest area is outside the café
30		Zensukeya Shokudo (located on the premises of Roadside Station Taro)	2-5-1 Taro, Miyako, Iwate	0193-87-2054	11:30-15:00, 17:30-20:00 (weekdays)	Wed., year-end and new year holidays			note	note		note			Rice bowl topped with fried brown hakeling, ramen with wakame seaweed, drinks (Dinner: Sashimi, a-la-carte dishes, stir-fried vegetables)

No	Type of Business	Name	Address	TEL	Business Hour	Closed Day	Water	Toilet	Rest Area	Charging for Electrical Appliances	Wi-Fi	Route Information	Bath/Shower	Other Service Details and Additional Information	
31	Cafes and Restaurants	Jodogahama Rest House	32 Hitachihamacho, Miyako, Iwate	0193-62-1179	10:30- Last order 14:30	Open all year round	○	○	○※	○※	○	○	○※	*Sale of goods ※Rest area is outside the building ※Charging for electrical appliances is available only for those who ordered a meal ※Shower (300 yen for 3 minutes, from the end of July to mid-Aug.)	
32		Jodogahama Marine House	32-4 Hitachihamacho, Miyako, Iwate	0193-63-1327	8:30~17:00	Dec.-Feb.	○	○	○	○		○		*Sale of goods *Outdoor water faucet (to remove mud from shoes)	
33		Café Zunginobi	2-30 Kuwagasaki Kamimachi, Miyako, Iwate	080-9012-7337	11:00-17:00	Mon.	○	○	○	○					
34		Takashichi	2-49 Mukaimachi, Miyako, Iwate	0193-62-6953	9:00- Last order 19:30	Thu.	○	○		○					
35		Sansui	3-1-32 Odori, Miyako, Iwate	0193-64-0345	17:00-22:00	Mon.									1 free drink (sour, beer, or local sake "Otokoyama")
36		Uchidate	4-3-3 Odori, Miyako, Iwate	0193-63-4334	18:00-23:00	Sun.									1 free drink or 1 free side dish
37		Ijinkan	1-1-10 Takahama, Miyako, Iwate	0193-63-0065	10:00- Last order 21:00	Tue.	○	○					○		
38		Miyako Omoe Fishery Activity and Exchange Center Enyadotto	See above (No. 29)		11:00- Last order 13:30	Tue., year-end and new year holidays									See above (No. 29)
39	Bathing Facilities	Greenpia Sanriku Miyako	See above (No. 1)		11:00-20:00 (11:00-15:00 on Fri.)	Open all year round							○	Please inquire as there may be restrictions on bathing	
40		Kyukamura Rikuchu-Miyako	See above (No. 3)		11:00-20:00 (12:30-20:00 on Tue.)	Open all year round							○	See above (No. 3)	
41		Fukushima-yu	1-6 Suehirocho, Miyako, Iwate	0193-62-2007	14:00-20:00	Mon.	○	○		○			○		
42	Railway	Sanriku Railways (Passenger Marketing Department)	1-1-80Miyacho, Miyako, Iwate	0193-62-7000	9:00-17:30 (weekdays)	-						○			
43		Bus	Northern Iwate Transportation Miyako Station Information Office	4-5-3 Odori, Miyako, Iwate	0193-62-3620	8:30-17:30	-						○		
44	Others	Natori Trail Center	3-12-1 Yuriage Higashi, Natori, Miyagi	0223-98-6181	9:00-17:00 (Apr.-Nov.) 9:00-16:00 (Dec.-Mar.)	-									
45		Jodogahama Visitor Center	32-69 Hitachihamacho, Miyako, Iwate	0193-65-1690	9:00-17:00	Dec. 29- Jan. 3	○	○	○	○	○	○		*Sale of goods	
46		Miyako Ranger Office, Ministry of the Environment	11-30 Hitachihamacho, Miyako, Iwate	0193-62-3912	-	-									
47		Department of Tourism, Miyako City	1-1-30 Miyacho, Miyako, Iwate	0193-68-9091	8:30-17:15	-							○		
48		Miyako City Tourism and Cultural Exchange Association	1-1-80 Miyacho, Miyako, Iwate	0193-62-3534	9:00-18:00	-				○			○	*Route maps available	
49		Miyako City Regional Revitalization Center	3-1 Kanbayashi, Miyako, Iwate	0193-65-7133	9:00-21:00	Year-end and new year holidays	○※	○	○※	○			○	○※	*Parking ※Paid facilities available from 9 a.m. to 9 p.m. (private room for rest: 100 yen/hour, shower: 110 yen) ※If you need water, please ask the staff on the second floor.
50		Taro Shiosato Station (located on the premises of Roadside Station Taro)	2-5-1 Taro, Miyako, Iwate	0193-77-3305	9:00-17:00	Jan. 1				○	○		○		
51	Road Information Center (located on the premises of Roadside Station Taro)	2-5-1 Taro, Miyako, Iwate	0193-87-2971 (Taro General Office)	Open 24 hours a day	Open all year round		○	○	○	○					
52	Iwate Prefectural Fishery Science Museum	32-28 Hitachihamacho, Miyako, Iwate	0193-63-5353	9:00-16:30 (Last admission time 16:00)	Mon. (or the following day if Monday is a national holiday), 12/28~1/4		○	○							
53	Miyako City Sakiyama Shell Mound Jomon Forest Museum	1-16-1 Sakiyama, Miyako, Iwate	0193-65-7526	9:00-17:00 (Last admission time 16:30)	Mon. (or the following day if Monday is a national holiday), 12/29~1/3 Library tidying day※		○	○	○※	○				*water faucet (to remove mud from shoes) *coin lockers (paid) ※The library is organized at the end of each month.If the library organizer day falls on a closed day, the day before will be the day after. ※Please check at the reception desk for rest areas.	

Note: ...The facilities shown in light blue are located on the premises of Roadside Station Taro, where hikers can use toilet, rest area, and Wi-Fi.